



Temporary Crown Post Op Instructions

Now that we've placed a temporary crown, it's important to follow these recommendations to ensure the success of your final restoration:

Chewing and eating: If we used an anesthetic during the procedure, avoid chewing until the numbness has completely worn off so as to avoid accidentally biting your lip, cheek or tongue.

To keep your temporary in place, avoid eating hard or sticky foods, chewy bread, and especially chewing gum and taffy. If possible, chew only on the opposite side of your mouth.

Brushing and flossing: Brush normally, but floss very carefully. Remove floss by pulling through from the side in order to prevent removal of the temporary crown. If your teeth are sensitive to hot, cold, or pressure, use desensitizing toothpaste. In most cases this sensitivity is normal while a temporary crown is in place.

Medication and discomfort: Take antibiotics or other medications only as directed.

When to call us: If your temporary crown comes off, this is not a dental emergency, however, it will need to be placed back on your tooth. It is very important for the proper fit of your final crown that your temporary stay in place. Save the temporary and call us at your next availability so we may reserve time on our schedule to re-cement it.

Call our office if your bite feels uneven, you have persistent sensitivity or discomfort beyond slight temperature sensitivity, or if you have any questions or concerns. 619-858-8080